



DermaGlo Facial Pre- and Post-Treatment Instructions

Pre-Treatment Instructions:

- Please refrain from wearing any makeup to your appointment.
- Wait 2 weeks after chemical peels, deep laser treatments, Botox, or filler treatments.
- Avoid extreme sun exposure, including tanning beds, for 1 week prior to your appointment.
- Discontinue hydroquinone 2-3 days before treatment.
- Discontinue tretinoin products (Retin A, Renova, Tretinoin, etc) at least 2 days before treatment.
- Do not use exfoliants for 2 days prior to treatment.
- If you have a history of cold sores, consider prophylactic treatment with an anti-viral medication no later than the day of treatment.

Post-Treatment Instructions:

- You may apply make-up after treatment.
- Keep the treated area clean – avoid excessive sweating, saunas, or other sources of high heat for 24 hours following treatment.
- Avoid exfoliation to the treated area for 48 hours.
- Do not use topical tretinoin/isotretinoin treatments for 2 days after treatment.

Side Effects:

- Tingling and stinging from the AHA or BHA solutions can also sometimes be present. This resolves over 3 hours.
- You may feel some temporary irritation, tightness, or redness after treatment. There are normal reactions that usually resolve over 72 hours.

If you are concerned about an emergency, please call (541) 588-4252, or go to your nearest emergency room.